

asiaSpa

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THE MOVEMENT ISSUE

SPARTAN TRAINING
LIGHT WORKOUT BITES
EXERCISE AND WELL-BEING

+10
TOP HOTEL
GYMS

LAID BACK IN
LUANG PRABANG
SPA HEAVEN
LANGKAWI



Hong Kong, China 18520 • Singapore 55100 • Macau 8520
Malaysia 6030 • Thailand 6620 • China 8620
Philippines 635 • Indonesia 6210001 • Australia 612
America 1800 • New Zealand 64900 • South Korea 8220
Japan, China 8520 • Europe 359

Latest Escapes

FRANKFURT

Poetic License

Mixing tradition and the contemporary, the palace-like **Sofitel Frankfurt Opera** pays tribute to German writer Johann Wolfgang von Goethe. The private lounge Lili's Bar is dedicated to his eponymous first love, showcasing the poetry he wrote for her, rare collections and works by Erwin Olaf. Guest rooms adopt materials and colours that create a warm, calming atmosphere juxtaposed by quirky art created specifically for the hotel. www.sofitel.com



LUANG PRABANG

Royal Palace

Banyan Tree's second resort in the city, **The Grand Luang Prabang** was the estate of Xiengkeo Palace, the former royal residence of Prime Minister. Carefully preserved to protect the palace's history and heritage, the property blends French colonial architecture with Laotian motifs. Rooms look out to stunning views of the Mekong River, mountains and lush gardens. Laotian textiles are found in wall hangings, cushions and bed covers to showcase the country's cultural traditions. www.grandluangprabang.com

HONG KONG

City Vibes

The first hotel to open on the Kowloon waterfront since 1995, **Kerry Hotel, Hong Kong** is set to create a vibrant hub in the neighbourhood. In addition to five restaurants and a bar serving local and international cuisine, the 16-storey hotel boasts a unique urban resort design that offers expansive outdoor living spaces and commanding views over the Victoria Harbour. From now until July 31, guests can book the introductory offer featuring various benefits. www.shangri-la.com

